



Residents of the United States and Canada **ONLY** may order by telephone.  
 Call Toll-Free at 1-800-345-6665

You may use this worksheet to organize your order.

ITEM NAME	COST PER ITEM (USD)	QUANTITY	TOTAL ITEM COST
Coping With Panic	\$19.95		
Coping With Panic Workbook	\$15.95		
Relapse Prevention Manual for Panic	\$14.95		
Panic Monitoring Log	\$9.95		
SUB-TOTAL	*****		
SHIPPING & HANDLING (see below)	*****	*****	
TAX (4.5% on orders shipped to VA)	*****	*****	
TOTAL	*****	*****	

**Shipping and Handling Charges**

US addresses: 1st item: \$5.25; each additional item: \$.75

Canadian addresses: 1st item: \$6.75; each additional item:\$1.25

**Shipping Address**

Name: \_\_\_\_\_  
 Street: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State/Province: \_\_\_\_\_  
 Zip/Postal Code: \_\_\_\_\_  
 Country: \_\_\_\_\_  
 Phone Number (in case of problems): \_\_\_\_\_

**Billing Address (if different from Shipping Address)**

Name: \_\_\_\_\_  
 Street: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State/Province: \_\_\_\_\_  
 Zip/Postal Code: \_\_\_\_\_  
 Country: \_\_\_\_\_

**Payment Information**

Credit card type:            Visa            Master Card  
 Credit Card number: \_\_\_\_\_  
 Name (as it appears on the card) \_\_\_\_\_  
 Expiration Date: \_\_\_\_\_